

Hong Kong Athletes Fund

Elite Athletes Performance Recognition Scheme

Application Guidelines

Introduction

The **Elite Athletes Performance Recognition Scheme ("EAPRS")**, established by the Government under the Hong Kong Athletes Fund ("HKAF"), aims to recognise athletes' dedication to sport and their achievements in representing Hong Kong in major games and competitions. Established in 2015, the EAPRS provides a one-off grant to athletes who have officially retired from the national squad on or after 1st January 2015, offering enhanced support for athletes' post-athletic career development. The details of the EAPRS are shown as follows:

Eligibility

1. To be eligible for support, applicant must satisfy all following criteria and pay attention to the **Important Notes** in the application guideline:
 - 1.1 Must have officially retired from the Hong Kong National Squad prior to the application. This means that the athlete will not represent Hong Kong to participate in any future international competitions; *and*
 - 1.2 Has achieved Elite Vote ("EV") point 4 or above according to the EV Scoring Table (i.e. medallist (> 9 entries) or top 1/3 (≤ 9 entries) in the Asian Senior Championships, or equivalent, or above.). Results of junior championships will not be considered; *and*
 - 1.3 Has undertaken full-time training for at least 8 years (i.e. 96 full months); *and*
 - 1.4 Has resided in Hong Kong for a minimum of 3 years and is a holder of Hong Kong Identity Card.
2. Status of retirement of the applicant will be checked and confirmed by the Hong Kong Sports Institute ("HKSI"), with endorsement from Head Coach/Supervising Coach of the sport and the respective National Sports Association ("NSA"). The NSA concerned should be a member association under the Sports Federation & Olympic Committee of Hong Kong China ("SF&OC").
3. Each athlete is only eligible for the EAPRS **ONCE** during his/her sporting career.

The Grant

1. A one-off cash grant will be provided to eligible retired athletes according to the EV score attained and number of full-time training years. The amount of cash grant is based on the prevailing Standard Elite Training Grant for Elite A+ of the HKSI in the current year, which is HK\$48,190 per month in 2025/26. The grant is applicable only to approved applications for 2025/26 application cycles.

EV Score Attained \ Number of Years of Full-time Training	8 – 9 Years	10 – 11 Years	12 Years or more
4 Points	HK\$289,140 (i.e. 6 months)	HK\$433,710 (i.e. 9 months)	HK\$578,280 (i.e. 12 months)
5 Points or above	HK\$578,280 (i.e. 12 months)	HK\$867,420 (i.e. 18 months)	HK\$1,156,560 (i.e. 24 months)

Important Notes

1. The EAPRS has specific requirements regarding an athlete's sporting achievement and full-time history. These are benchmarked against the full-time training standard and system set by the HKSI:
 - a) Athletes have to follow the elite training and competition requirements as their first priority;
 - b) Athletes do not have full-time job nor engage in full-time study programmes, except where temporary deferment of the full-time study programme has been approved by the school, or arrangements have been made by the school to reduce the contact hours to the equivalent of a normal part-time programme (i.e. not more than 10 hours per week on average). Documentation issued by the school/employer is required under these circumstances;
 - c) A minimum of 5 days and 25 hours (for able-bodied athletes) or 5 days and 20 hours (for disabled athletes) of supervised training per week;
 - d) Athletes taking up part-time job/studies must be approved by Head Coaches/NSAs.
2. Every completed full year (i.e. involving 12 full months) that the applicant committed in full-time training before retirement will be accumulated as his/her length of athlete career. If an applicant was temporarily suspended from full-time training because of health, injury or other reasons as recognised by the NSA and Head Coach/Supervising Coach, the previous full-time training period could still be recognised for the purpose of the EAPRS upon retirement.
3. If an athlete had ever been employed by the HKSI as a training partner, the serving years as a training partner will not be considered as eligible full-time training in accordance with criteria of the EAPRS.
4. Please note that the EAPRS reserves the right to request applicant to provide additional supporting documentation or information, if deemed necessary, to verify the details provided in the application form, in the following aspects: For training periods not documented by the HKSI, applicants have to submit: (a) approved training logs signed by the athlete, coach, and the NSA; (b) an official letter from the NSA; (c) supporting documents of sporting results, certifying the applicant's full-time training years, achievements and retirement date where necessary.
5. Please note that failure to submit the above-mentioned necessary documents with result in the application being ineligible for further consideration.

Application Procedure

1. Applications are invited twice a year (around July and December).
2. Applicants have to submit the completed application form ([download application form](#) from the HKSI website) together with supporting documents to the Athlete Affairs Department of the HKSI by the specified deadline.
 - 2.1 Applicants have to submit the application within 2-year grace period following the official retirement date. If applicants are unable to submit the application within 2-year grace period, applicants have to submit their applications in the most recent application cycle upon the end of the grace period. Otherwise, late application will not be accepted.
3. Applications will be vetted and reviewed by the Vetting Committee and presented to the Elite Training and Athletes Affairs Committee of the HKSI for approval.
4. All applicants will be informed of the application result upon the Committees' approval. Approved grants will be released to successful applicants within 2 months after the Committee's Meeting.



Enquiries

Mr HUI Ho Kiu, Assistant Athlete Affairs Manager | Tel.: (852) 2681 6529 | Fax: (852) 2605 0618 | Email: asedu@hksi.org.hk
Address: Athlete Affairs Department, Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

Remark: The updated version of the application guideline will be announced in June 2025. The application effective from 2025/26 will comply with this latest version.

香港運動員基金

精英運動員優秀表現嘉許計劃

申請指引

簡介

為表揚香港運動員的貢獻及在大型運動會和比賽上為港爭光勇奪殊榮，香港政府於 2015 年在香港運動員基金下成立了**精英運動員優秀表現嘉許計劃**（以下簡稱「本計劃」），為 2015 年 1 月 1 日或之後正式從香港代表隊退役的運動員提供一次性資助，增強對他們退役後轉型發展的支援。本計劃的細則如下：

申請資格

- 申請人必須符合以下條件以符合申請資格，並留意申請指引中的**重要事項**：
 - 於遞交申請時已正式從香港代表隊退役，即運動員不會代表香港參加任何未來的國際比賽；及
 - 根據精英資助評分表，達到精英評分 4 分或以上的成績（即在亞洲成年錦標賽取得獎牌（>9 隊）或排名前 3 分之 1（≤9 隊），或同級或更高的成績）。青少年組賽事成績不獲考慮；及
 - 曾接受最少 8 年全職訓練（共 96 個月）；及
 - 申請人必須居港至少 3 年，並須在申請時持有有效的香港身份證。
- 退役狀況將經由香港體育學院（體院）核實，並經總教練／負責教練及所屬體育總會（總會）確認。有關總會須為中國香港體育協會暨奧林匹克委員會（港協暨奧委會）的會員。
- 每位合資格運動員只可於運動生涯獲**一次**嘉許資助。

資助金額

- 本計劃的資助金額是按全職訓練年數和運動成績釐定，向符合申請資格的退役運動員提供一次性現金資助以示嘉許。資助金額按現行體院當前年度的標準精英甲+訓練資助計算（2025/26 年度的標準精英甲+訓練資助額為每月 48,190 港元）。該資助僅適用於 2025/26 年度申請週期中獲得批准的申請。

全職訓練年數 獲取之精英評分	8 至 9 年	10 至 11 年	12 年或以上
4 分	289,140 港元 (即 6 個月)	433,710 港元 (即 9 個月)	578,280 港元 (即 12 個月)
5 分或以上	578,280 港元 (即 12 個月)	867,420 港元 (即 18 個月)	1,156,560 港元 (即 24 個月)

重要事項

- 本計劃對運動員的運動成就和全職資歷有具體要求。這些都是以香港體育學院制定的全職訓練標準和制度為基準：
 - 運動員必須以精英培訓及比賽作為其首要目標；
 - 運動員並沒有擔任全職工作及修讀全日制課程（除非得到校方批准暫停修讀全日制課程或修讀時數減至與兼讀制課程時數相同（即每週平均不多於 10 個上課小時）），在此情況下必須出示由校方／僱主提供的證明文件；
 - 在教練安排下每週訓練時間不少於 5 天及 25 小時（適用於健全運動員）或 5 天及 20 小時（適用於殘疾人運動員）；
 - 如運動員欲擔任兼職工作或修讀兼讀制課程，必須獲得有關總教練／總會核准。
- 申請人退役前完成的每一個完整訓練年度（即 12 個月）將累積計算。申請人如因健康、受傷或其他原因（須獲總會和總教練／負責教練認可）而暫停全職訓練，之前累積的全職訓練年數仍可計算在內。
- 如運動員曾在體院受聘為陪練員，期間的服務年數不會被視為符合本計劃申請資格的全職訓練年期。
- 請注意，本計劃保留要求申請人提供額外證明文件或資料的權利，如果認為有必要核實申請表上提供的詳細信息，涉及以下方面：就所有在體院以外完成的全職訓練年期，申請人需同時提交：**(a)** 由運動員、教練及總會簽署核實的訓練記錄；**(b)** 總會證明信；**(c)** 有需要時提供證明文件，證明申請人的全職訓練資歷，運動成績及退役日期。
- 請注意，未能提交上述必須的文件將導致申請不獲考慮。

申請程序

- 每年約於 7 月和 12 月兩個週期接受申請。
- 於截止申請日期前，將填妥的申請表格（於體院網頁[下載申請表格](#)）與有關證明文件一併遞交至體院運動員事務部。
 - 申請人必須在正式退役日期後的 2 年寬限期內提交申請。如申請人不能在 2 年的寬限期內提交申請，則必須在寬限期結束後的最近一個申請週期內提交申請。否則，逾期申請將不被接受。
- 所有申請將經由審查委員會審視後呈交體院精英培訓及運動員事務委員會檢閱及批核。
- 申請結果將於上述委員會審批後通知申請人，而獎勵金額將於審批結果公布後 2 個月內發放予成功申請人。



查詢

助理運動員事務經理 許浩翹先生 | 電話：(852) 2681 6529 | 傳真：(852) 2605 0618 | 電郵：aasedu@hksi.org.hk
地址：香港新界沙田源禾路 25 號 香港體育學院 運動員事務部

備註：更新版本的申請指引將於 2025 年 6 月公佈。2025/26 年生效的申請將遵從這一更新版本。

香港運動員基金
精英運動員優秀表現嘉許計劃
申請表格Hong Kong Athletes Fund
Elite Athletes Performance Recognition Scheme
Application Form請於合適 ☐ 內加 ☒ 或 刪去不適用者Please ☒ in appropriate ☐ or delete as appropriate

第一部分 Part I: 個人資料 Personal Particulars

中文姓名 Name in Chinese	英文姓名 Name in English	性別 Sex
出生日期 Date of Birth (DD/MM/YYYY)	居港年期 Years of Residence in HK	香港身份證號碼 HKID Card No.
電郵地址 Email Address	聯絡電話 Contact No.	
郵寄地址 Mailing Address		
體育項目 Sport	退役生效日期 * Date of Retirement	
	自從 Since (DD/MM/YYYY)	
總會名稱 Name of NSA		
總會聯絡人姓名及電話 NSA Contact Person & Contact No.		
負責教練姓名及電話 (退役前) Name of Coach & Contact No. (before retirement)		
是否曾為體院獎學金運動員? Was a HKSI Sports Scholarship Athlete?		
: <input type="checkbox"/> 是 Yes <input type="checkbox"/> 否 No		

第二部分 Part II: 運動成績 Sporting Achievements

請列出最新並最佳的運動成績，並提交有關大會比賽資料／證書。

Please state the recent most outstanding sports results, and submit the official competition results/certificates.

日期 Date	賽事名稱 Name of Competition	項目 Event	比賽地點 (國家) Competition Venue (Country)	成績 (排名) Result (Ranking)	參加 人數／隊伍# No. of Entries#	參加 國家數目# No. of Countries#

* 請參閱指引中的相關說明 Please refer to the guidelines

必須列明 Must be stated clearly

第三部分 Part III：全職訓練記錄 Full-time Sports Training Records

注意：申請人必須於下表順時序列出全職訓練記錄，包括全職訓練的總年數。

Note: Please complete the following table for full-time training records in chronological order including the total number of full-time training years.

全職訓練時段 Full-time Training Period			每星期訓練時間表 Weekly Training Schedule			負責教練 Coach-in-charge	
由 From (DD/MM/YYYY)	至 To (DD/MM/YYYY)	時段長度 Length of Period	時間表 Schedule				時數 No. of Hours
例 e.g. 01/04/2005	31/12/2010	5 年 9 月 year(s) month(s)	一 Mon : 09:00-12:00, 14:00-16:00 (5 hrs)	二 Tue : 14:00-18:00, 19:00-21:00 (6 hrs)	三 Wed : /	25 小時/星期 hours/week	<input checked="" type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			四 Thu : 09:00-12:00, 14:00-16:00 (5 hrs)	五 Fri : 14:00-18:00, 19:00-21:00 (6 hrs)	六 Sat : 09:00-12:00 (3 hrs)		
			日 Sun : /			小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			一 Mon :	二 Tue :	三 Wed :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			四 Thu :	五 Fri :	六 Sat :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			日 Sun :			小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			一 Mon :	二 Tue :	三 Wed :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			四 Thu :	五 Fri :	六 Sat :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			日 Sun :			小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			一 Mon :	二 Tue :	三 Wed :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			四 Thu :	五 Fri :	六 Sat :	小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club
			日 Sun :			小時/星期 hours/week	<input type="checkbox"/> 體院 HKSI <input type="checkbox"/> 總會 NSA <input type="checkbox"/> 屬會 Club

全職訓練的總年數

Total No. of Full-time Training Years

:

年

Year(s)

月

Month(s)

如空位不足以填寫，請複印此頁，或另紙詳列有關資料，隨申請表遞交。

If space is not sufficient, please copy this page, or provide details on a separate sheet to be attached to the application form.

暫停全職訓練

Suspension from Full-time Training

申請人如曾暫停全職訓練，請列明休訓時期及原因：

If applicant had temporarily suspended from full-time training, please state the suspension period and provide the reason:

暫停全職訓練時期 Period Suspended from Full-time Training		原因 Reason
由 From (DD/MM/YYYY)	至 To (DD/MM/YYYY)	

如空位不足以填寫，請另紙詳列有關資料，隨申請表遞交。

If space is not sufficient, please provide details on a separate sheet to be attached to the application form.

第四部分 Part IV：申請人聲明 Declaration of Applicant

- 本人聲明，據我所知，以上填寫之資訊均屬準確，完備和真實。本人明白任何用於申請的故意虛報資訊或隱瞞重要事實可令本人申請資格被取消。本人亦了解，如果提供虛假資訊或偽造文件而成功申請基金資助，將被要求退還獲批款項。本人亦已細閱及完全理解就是次**精英運動員優秀表現嘉許計劃**申請的申請指引內容，並同意遵守指引內所有要求及規定。
I declare that the information provided above is accurate, complete and true to the best of my knowledge. I understand that any wilful misstatement may render myself to immediate disqualification if engaged and I acknowledge that I will be subject to a refund request if I have provided false information or forged documents in support of the EAPRS applications. I have also read and fully understood the Application Guidelines on the Application for **Elite Athletes Performance Recognition Scheme** and I agree to comply with all the requirements and specifications set out in the Application Guidelines.
- 本人填報的全職訓練年數符合精英運動員優秀表現嘉許計劃申請指引所指全職訓練的規定要求。
Regarding the years of full-time training provided by me, I confirm that I have met the eligibility of full-time training requirement as stipulated in the guidelines of the Elite Athletes Performance Recognition Scheme.
- 本人明白體院保留向申請人索取與申請內容有關文件的權利。若本人未能按要求提交申請所需文件，本人的申請將不獲處理。
I understand that the HKSI reserves the right to request all supporting documents from the applicant where necessary. My application will not be accepted until I have submitted all documents as requested.
- 本人明白此申請表所遞交的個人資料將會用作處理本人是次申請或核實就是次申請而提供的資料。
I understand that my personal data provided in this application will be used for the purpose of processing my application or verifying information provided in this application.
- 本人明白香港運動員就業及教育計劃為此計劃的一部分，故同意本人之申請資料將會轉交中國香港體育協會暨奧林匹克委員會，以作香港運動員就業及教育部之跟進用途。本人亦明白若不同意此安排，本人有責任與體院運動員事務部聯絡。
I understand and agree that my personal information will be provided to the Sports Federation & Olympic Committee of Hong Kong China (SF&OC) for their follow up on the education and career support and services tailored for retired athletes under the Hong Kong Athletes Career and Education Department, as a part of this scheme. I also understand that if I do not agree to this arrangement, I have a responsibility to contact the HKSI Athlete Affairs Department.
- 本人明白根據《個人資料（私隱）條例》（第 486 章）第 18 條、第 22 條和附表 1 內第 6 原則的規定，本人有權要求查閱和改正所提供的個人資料。（如屬體院獎學金運動員，可以參閱《體育獎學金運動員持有人協議書》內有關個人資料收集聲明的部分。）
I understand that I have a right to request access to and correction of my personal data provided in the application in accordance with Section 18 and 22 of and Principle 6 of Schedule 1 to the Personal Data (Privacy) Ordinance (Cap 486). (For HKSI Sports Scholarship Athlete, please refer to Personal Data Collection Statement of the Sports Scholarship Athletes Agreement for further information.)

申請人簽署

Signature of Applicant : _____

日期

Date : _____

查詢：如對是次申請所收集的個人資料有疑問，包括要求查閱和改正資料，請與申請指引上相關的運動員事務部職員聯絡。

Enquiry: For any enquiries concerning the personal data collected by this Application Form, including the requests for access and correction, please contact the staff of the Athlete Affairs Department as listed in the Application Guidelines.

第五部分 Part V：教練及總會對申請的認可 Endorsement of Application by Coach and NSA

請於合適 ☐ 內加 ☒ 或 刪去不適用者 Please ☒ in appropriate ☐ or delete as appropriate

由 **總教練／負責教練** 填寫

To be Completed by **Head/Supervising Coach**

本人 **認可** 申請人的精英運動員優秀表現嘉許計劃申請。
I **endorse** the applicant for his/her application for the Elite Athletes Performance Recognition Scheme.

教練簽署

Signature of Coach : _____

教練姓名

Name of Coach : _____

教練類別

Category of Coach : ☐ 總教練（精英體育項目）
Head Coach (Elite Sports)
☐ 總會教練
NSA Coach
☐ 負責教練
Supervising Coach

日期

Date : _____

由 **總會** 填寫

To be Completed by **NSA**

本會 **認可** 申請人的精英運動員優秀表現嘉許計劃申請。
The NSA **endorses** the applicant for his/her application for the Elite Athletes Performance Recognition Scheme.

總會負責人簽署

Signature of NSA Official : _____

總會負責人姓名

Name of NSA Official : _____

總會負責人職位

Official Capacity in NSA : ☐ 會長 President
☐ 副會長 Vice-President
☐ 主席 Chairman
☐ 副主席 Vice-Chairman
☐ 義務秘書 Hon. Secretary
☐ 義務司庫 Hon. Treasurer

日期

Date : _____

總會蓋印

NSA Stamp : _____